September 2019

Holy Apostles "Grapevine"

The Monthly Newsletter of Holy Apostles Episcopal Church

FROM THE DESKS OF PASTORS SHERYL AND CHRISKESTER-BEYER

Dear Friends in Christ,

Praise the Lord! Praise God in his sanctuary; Praise him in his mighty firmament! Praise him for his mighty deeds; Praise him according to his surpassing greatness! (Psalm 150)

Richard Foster in a blog post entitled "The Many Landscapes of Worship" writes about how important worship is to our spiritual growth and then he shares what he calls a 'few simple exercises' to help us explore what it means to worship. This month and next, I will share with you some of his thoughts on this very important aspect of our spiritual lives.

First, Foster begins by reminding us that Worship is not just that one hour on Sunday Morning, rather worship is learning to be aware of God's presence and giving God praise and thanksgiving no matter where we are and what we are doing.

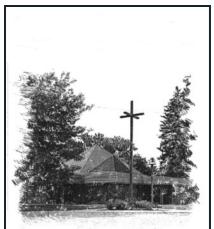
And so it is that Foster writes that we need to learn to practice the presence of God daily: "With Brother Lawrence, let us sense the presence of God with as great a reality when 'washing pots and pans' as when receiving the holy Eucharist. We can follow Paul's words, 'Pray without ceasing,' by punctuating every moment with inward whisperings of adoration, praise and thanksgiving. We can schedule personal times of inner worship and confession and attentiveness to Christ, our present Teacher. Doing this heightens our expectancy in public worship, because the gathered experience becomes a continuation and intensification of what we have been trying to do all week long."

In fact, if the only time we think to worship God is when we come to worship at church, then we are missing out on a whole host of times and places to worship God. But to worship God daily means training ourselves to be attentive to God's presence around us and as I think we all know, that is not always so easy. But it is something that we can train ourselves to do.

Take Brother Lawrence, that Richard Foster mentions, for example. Brother Lawrence was a monk in the 1600's who lived in a Carmelite monastery where he strove to worship God even in such mundane tasks as 'washing pots and pans'. Now most of us would not think of such a task as worship, but what if, instead of thinking of doing dishes as some sort of job that must be endured but an opportunity to reflect on the meal you have just eaten and give thanks to God for that food. Or to thank God for the water and soap and the ability you have to wash dishes. Or pray for those with whom you just enjoyed dinner. You get the idea?

So, in this coming month, I would like you to think about how you might learn to practice the presence of God daily—to train yourself to worship God—even while doing the most mundane of tasks and see if it might not heighten your sense of God and draw you closer to God.

Come, let us worship the Lord! Pastor Sheryl



Holy Apostles' Episcopal Church

1730 18th St/PO Box 188 Mitchell, NE 69357 (308) 623-1969 Email: apostles@embarqmail.com

Sunday service: 10:30am Office hours: Mornings - MTW

Mitchell Ministerial Association Food Pantry The Food Pantry is asking for the following donation item(s): September- individual packets of oatmeal Your contributions are greatly appreciated. Pantry coordinators: Susan Weitzel-(308)623-2684 or Karen French (308)623-188 Backpack Program

The Backpack Program is asking for the Following donation item(s):

Individual cereals & juice boxes

ECW

A reminder that ECW will resume meeting on September 5 with a salad carry-in lunch at 12:30, at Holy Apostles, with the meeting to follow. All women of the church are invited to participate.

Confirmation Classes

Two more members of the Holy Apostles family will begin Confirmation Classes this year. The first meeting will be at Holy Apostles, Sunday, September 22 at 12:30. Pizza will be provided.

Beecher Hall Landscaping

The Vestry is in the process of deciding on landscaping for the west side of Beecher Hall. If you would be interested in helping to purchase plants for this project in memory or honor of someone, we are asking for a donation of \$100 per alcove or \$125 if you would also like to purchase a memorial plaque to be placed in the alcove. If you have questions, please talk to Pastors Chris or Sheryl or any member of the Vestry.

FYI- Names and Contact Information

Priests-in-charge:	The Reverend Chris Kester-Beyer The Reverend Sheryl Kester-Beyer	(402)694-9189 (cell) (402)694-9182 (cell)
Deacon: Senior Warden Junior Warden Holy Apostles Website Facebook	The Reverend Angela Jones Maryruth Reed Leann Sato www.holyapostlesmitchell.org Holy Apostles Mitchell NE	(308)631-1922 (cell) (308)623-2491 (308)641-9083
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Bishop: Canon to the Ordinary Diocesan Administrator Director of Finance Archdeacon (Diocesan Environmental Ministries & Min	The Rt. Reverend J. Scott Barker The Revered Canon Elizabeth Easton Lachisha Baskin Beth Byrne The Reverend Betsy Bennett <i>istry of Diaconate)</i>	Sbarker@episcopal-ne.org Leaston@episcopal-ne.org Dioadmin@episcopal-ne.org Bbyrne@episcopal-ne.org Deaconbetsy@windstream.net

Dates	Lector/Server	Acolytes	Ushers	Gifts	Coffee
9/1	Steph/Sister E-S	Bill	Deb/Leann	Steve & Marilyn	Fred & Nancy
9/8	Deb/Maryruth	Merrill	Nick S/Mel	Nikki	Leann & Nancy
9/15	Leann/Jenny	Matthew	the Raneys	Sharon	Chris & Steph
9/22	Marilyn/Leann	Merrill	Steve J/Chris C	Steve & Marilyn	Pete & Deb
9/29	Sylvia/Steph	Clancey	Deb/Weston	Nancy & Leann	Steve & Marilyn
10/6	Andee/Sister E-S	Bill	Leann/Merrill	Steve & Sylvia	Nick & Katie
-	er Altar: Maryruth Reed er Coffee Hour snacks pro		cisco		

September Birthdays and Anniversaries

Birthdays.

9/16	Judy Kieler
9/19	Mary Taedter
9/22	Christopher Cannon
9/26	Helen Scott
	9/19 9/22

Anniversaries,

9/29 Levi & Lucy Allbaugh

September Altar Flowers

Given by:

In memory of:

As of the time of publication, there were no flower memorials for September.

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Sunday	Monday	Tuesday	Wednesday		Friday	Saturday
1 10:30 am Holy Eucharist Service	2	3	4	5 ECW 12:30 @ Holy Apostles	6	7
8 9:30 am Kids Sunday School 10:30 am Holy Eucharist Service	9	10	11	12	13	14
15* 9:30 am Sunday School 10:30 am Holy Eucharist Service	16	17	18	19	20	21
22 9:30 am Sunday School 10:30 am Holy Eucharist Service* 12:30 Confirmation Class	23	24	25	26	27	28
29 9:30 am Sunday School 10:30 am Holy Eucharist Service	30	1	2	3	4	5

Roman 12:1-2

*As third Sunday, September 15 will be the Pastors' Discretionary Fund offering date. Any cash in offering plate will go to this fund.

Please note that Sunday School has resumed. Kids return September 8, adults September 15.