



July 2021

Holy Apostles “Grapevine”

The Monthly Newsletter of Holy Apostles Episcopal Church

1730 18th Street, P. O. Box 188,
Mitchell, Nebraska, 69357

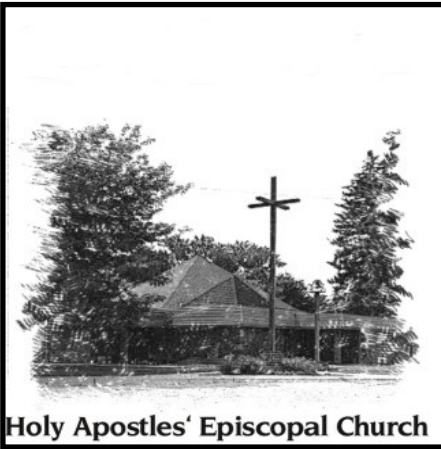
Awhile back I had a plant that got infested with some sort of tiny fly and no matter what I tried, I couldn't get rid of them. At first, I tried killing all the flies I could see, but a little while later it seemed like there were just as many as before. I spent several days trying to kill whatever flies I could see, but it didn't seem to help. I bought a house plant insecticide and sprayed that, but all it seemed to do was send the flies scattering into the air. But I can be quite determined when I want to be, so I started spraying once a day and killing any flies it roused up. Still, there were flies and no matter what I did there were always more flies. Finally, I realized that the only thing to be done was to banish the plant to the outside.

Lately, I've begun to realize that there is something else I need to banish—maybe not to the deck or even from my life—but at least from my time alone with God and that's my iPhone and iPad. I get up in the morning to do my daily devotions and I think, *“oh, I'll just check my email, take a quick peak at Facebook or look at the news headlines”* and the next thing I know, the time I had blocked out for God is gone and I haven't spent any time with God at all; or if I do I find myself distracted and not really focused on God. So, I have banished my iPhone and iPad from my early morning routine. And I'm doing better with keeping my appointment with God.

It amazes me how much time something as small as my smartphone can consume. Now don't get me wrong; I really like my iPhone and iPad. I like being able to text and surf the net pretty much wherever I am. I like being able to read a book or play a game when I'm sitting in a waiting room or need to kill few minutes here or there. But I'm also appalled by how much time I can simply waste away without even being conscious of it. I also find that the more time I spend online, particularly reading news stories how much more anxious I become.

Awhile back I read a blog post on the importance of 'just showing up'. I thought I had saved that post so I could find it later to share, but alas, now that I want to quote from it, I can't find it. But the gist of it was that if we want to deepen our relationship with God, the first thing we need to do is *'show up'*. In other words, set a time to spend with God in prayer, silence, reading of scripture (whatever helps to bring you closer to God) and then keep your appointment with God. Mornings work best for me, but maybe over the lunch hour or after the kids have gone to bed would work better for you; it really doesn't matter when you schedule your time with God, the important thing is that you schedule some time with God and then *'show up.'* Even on those days when you feel tired or think you are too busy or just don't feel very spiritual, *'show up.'* It's amazing how just that simple of act of obedience can bring you closer to God and deepen your faith.





Holy Apostles' Episcopal Church

1730 18th Street/P.O. Box 188

Mitchell, NE, 69357

308/623-1969

Email: holyapostlesne@gmail.com

Sunday Worship@10:30 a.m.

Office Hours: Mornings-MTW

Mitchell Ministerial

Association

Food Pantry

Contact Number: 308/641-7326

Food Pantry Request :

Canned fruit

Canned vegetables

BackPack Program:

NO REQUESTS TILL FALL



Covid update

As of June 1, masks are completely optional for worship and other gatherings. We are slowly adding in sung portions of the liturgy. Coffee will be available after worship! While most restrictions have been lifted, please keep in mind many of our youth still are not vaccinated!

Centering Prayer Online

You are invited to join The Benedictine Way for Centering Prayer Online every Saturday at 9 AM MST.

All are welcome to join us every Saturday (or just those you can make it to) for The Benedictine Way's Virtual Centering Prayer group on Zoom. For those unfamiliar with Centering Prayer - it is a Christian form of quiet meditation that refocuses us on Jesus. Brother James, Prior of Incarnation Monastery, leads the group and provides brief instruction prior to the sit and time for reflection afterwards.

Please contact Brother James at jdowd@episcopal-ne.org to be sent a Zoom link for this event. Many blessings and peace in Christ.



Please remember giving in the summer!

A basket remains on the table in the Narthex for your offerings.

FYI-Names and Contact Information

Priests-in-charge:	The Reverend Chris Kester-Beyer	(402)694-9189 (cell)
	The Reverend Sheryl Kester-Beyer	(402)694-9182 (cell)
Deacon:	The Reverend Angela Jones	(308)631-1922 (cell)
Senior Warden:	Maryruth Reed	(308)6263-2491
Junior Warden :	Judy Kieler	(308)787-0191 (cell)
Holy Apostles Website:	www.holyapostlesmitchell.org	Facebook: Holy Apostles Mitchell NE

DIOCESE OF NEBRASKA - RESOURCE LIST

109 N 18th St	(855)-341-5373	
Omaha, NE 68102	(402)341-5373	
www.episcopal-ne.org (website)	(402)341-8683 (fax)	
dioadmin@episcopal-ne.org (e-mail)		
Bishop:	The Rt. Reverend J. Scott Barker	Sbarker@episcopal-ne.org
Canon to the Ordinary:	The Revered Canon Elizabeth Easton	Leaston@episcopal-ne.org
Diocesan Administrator	Lachisha Baskin	Dioadmin@episcopal-ne.org
Director of Finance:	Beth Byrne	Bbyrne@episcopal-ne.org
Archdeacon:	The Reverend Betsy Bennett	Deaconbetsy@windstream.net

Servers

July 4th Sandra Raney
July 11th Jenny Hughson
July 18th Maryruth Reed
July 25th Stephanie Canon

Altar Guild

Amber Plasencio Sharon Francisco

Seeking New Altar Guild Members

The Altar Guild is still looking for at least two new people to replace of members who have had to retire due to health issues. If we have enough people, it only takes a couple of hours spread out over the year. The main commitment is being available to set up or clean up the Eucharist for a month twice a year. If you are willing to serve in this way or would like more information, please contact Maryruth.

July Birthdays

July 1 Nikki Rose	July 18 Steven Dolberg
July 4 Pastor Chris Kester-Beyer	July 20 Sherry Miyahara
July 16 Kristen Hotz	July 21 Cliff Symonds
	July 25 Jenny Hughson
	July 25 John Plasencio

July Anniversaries

July 1 Christopher and Stephanie Cannon
July 14 Cliff and Andee Symonds
July 16 Pat and Sherry Miyahara
July 29 Dave and Shelly Knutson

Flower Chart

No flowers listed for July at this time

CALLING ALL 3YR. Olds –6th Graders!!!

VACATION BIBLE SCHOOL, July 18-21st

Sunday, 6:00 - 6:30 p.m.— Registration
Sunday-Tuesday, 6:30 - 8:00 p.m.— VBS
Wednesday, 7:00 p.m.— Program

Host Congregation:

St. Theresa's Catholic Church



*All Worship Services will be both In-Person and
on Online via Facebook Live*

July 2021

Sun Mon Tue Wed Thu Fri Sat

				1	2	3
4 Pentecost 6 Worship @ 10:30 a.m.	5	6	7	8	9	10
11 Pentecost 7 Worship @ 10:30 a.m.	12	13	14	15	16	17
18 Pentecost 8 Worship@ 10:30 a.m. VBS	19 VBS	20 VBS	21 VBS	22	23	24
25 Pentecost 9 Worship @ 10:30 AM	26	27	28	29	30	31

On July 18th, the 3rd Sunday of the Month)

any cash received will go to the Priest's Discretionary Fund. Thanks for your generosity!