

March 2021

Holy Apostles “Grapevine”

The Monthly Newsletter of Holy Apostles Episcopal Church

1730 18th Street, P. O. Box 188,
Mitchell, Nebraska, 69357

So this is the time of Lent when I seriously start regretting having given up sweets for Lent. I find myself craving sweets; opening the pantry door and just staring, hoping that something will jump out at me and satisfy my craving. I've been eating more fruit, in the hopes that that will help. I've even caught myself just wandering the grocery store aisles hoping for something that will satisfy.

Of course, Lent is not all about 'giving something up' so I have been trying to be more consistent in my morning prayer time which I have been doing somewhat well at, but I have to be honest even after all these years I still struggle to make it an everyday thing. I'm not sure why, but it's sometimes hard for me to carve out time for God & even when I do, I often feel like I'm just going through the motions, that there's not a lot of depth or substance there. And I'm not blaming God; I know the problem lies with me.

And yet, there are also those times when I sit down, and God seems right there, and I feel his presence. Feel his love washing over me, his forgiveness cleansing me.

One prayer practice I have tried adding this past year, which I believe is helping me to feel more connected to God, is to use whatever scripture I have read for the day as inspiration for my prayers, sometimes I even write them down although normally I just pray my prayers in my head.

One such prayer I recently stumbled across (that I had written last spring) is based on the story of Elisha and his interactions with a woman and her family recorded in 1 Kings 4:18-37. The Woman (who has no children) cares for Elisha during a time of famine and as a reward he proclaims that she will become pregnant and give birth to a son. This is not anything she asks for, but Elisha's words prove true and she is given the gift of a son nine months later, as Elisha had prophesied. A few years later, however, the child grows ill and dies. The woman seeks out Elisha bitter that her son, that she had not asked for in the first place, has now been taken from her. Elisha, upon hearing what has happened goes to where the child is laying and raises him from the dead.

Below is the prayer I wrote based on this Bible story.

May God bless your Lenten journey.

Pastor Sheryl

God of new life-

Your ways are a mystery to me.

Life and death and life again.

We catch glimpses here and there of this new life

But only glimpses

Trees budding

Tulips springing forth from the ground

Birds singing, calling to and fro

Life-the most precious gift you give returns

Every breath we take is a reminder

Of this most precious gift.

Let us, therefore live each day,

In thankfulness and praise,

Serving, not ourselves, but each other

Friends and strangers alike

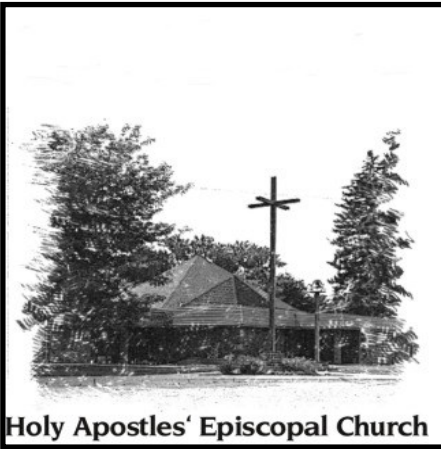
Those precious ones you have placed within our care.

Amen.



LENT

prayer • fasting • almsgiving



Holy Apostles' Episcopal Church

1730 18th Street/P.O. Box 188
 Mitchell, NE, 69357
 308/623-1969

Email: holyapostlesne@gmail.com

Sunday Worship@10:30 a.m.
 Office Hours: Mornings-MTW

**Mitchell Ministerial
 Association
 Food Pantry**

Contact Number: 308/641-7326

This month's Food Pantry Request :

**Tuna helper
 Canned veggies**

BackPack Program

This month's Backpack Request:

Oatmeal packs & juice boxes

Thank you for your generosity!

ECW will meet

March 4th

12:30 AM

**Lunch provided by
 Judy Keiler**

**Meeting will be
 held at the Church**

Beecher Hall Remodeling

**The vestry has approved remodeling the
 bathrooms, Removing the old bath-
 rooms and replacing them with one
 handicap accessible bathroom with an
 entrance directly from the dining hall. If
 you have any questions or would like to
 recommend someone to do the work
 please contact Prs Chris or Sheryl**

Easter Lilies

The Altar Guild is asking for donations for
 Easter lilies. There is a container for donations
 on the front table as you enter. If you won't be
 coming to the church, you can mail a check to
 Maryruth. Please make checks out to Holy
 Apostles' Altar Guild

Even if we should have to suspend In-Person
 worship again, a few lilies will still be purchased
 for the altar area.

FYI-Names and Contact Information

Priests-in-charge:	The Reverend Chris Kester-Beyer	(402)694-9189 (cell)
	The Reverend Sheryl Kester-Beyer	(402)694-9182 (cell)
Deacon:	The Reverend Angela Jones	(308)631-1922 (cell)
Senior Warden:	Maryruth Reed	(308)6263-2491
Junior Warden :	Leann Sato	(308)641-9083 (cell)
Holy Apostles Website:	www.holyapostlesmitchell.org	Facebook: Holy Apostles Mitchell NE

DIocese OF NEBRASKA - RESOURCE LIST

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www.episcopal-ne.org (website) (402)341-8683 (fax)
dioadmin@episcopal-ne.org (e-mail)

Bishop:	The Rt. Reverend J. Scott Barker	Sbarker@episcopal-ne.org
Canon to the Ordinary:	The Revered Canon Elizabeth Easton	Leaston@episcopal-ne.org
Diocesan Administrator	Lachisha Baskin	Dioadmin@episcopal-ne.org
Director of Finance:	Beth Byrne	Bbyrne@episcopal-ne.org

Servers

March 7th Sandra and Bill Raney

March 14th Jenny Hughson

March 21st Maryruth Reed

March 28th Stephanie Canon

March Birthdays

3/3 Jaxon Meysenburg

3/11 Sharon Francisco

3/4 Chad Johnson

3/13 Mark Knaub

3/5 Evelyn Montz

3/18 Marilyn Wagner

3/6 Larry Wagner

3/19 Alex Rose

3/7 Xoe Allbaugh

3/21 Clancy Symonds

3/8 Nancy Sakurada

3/22 Aloha Hettinger

3/9 Abel Plasencio

3/24 Colleen Elliott

3/27 Emily Meysenburg

March Anniversaries

3/22 Bobby & Cory Allbaugh

Flower Chart

There is a new flower chart starting with Easter 2021. It's on the bulletin board in the coffee area.

Counseling Service Available Through Tele-Health.

Has the pandemic pushed you to the edge? Are you worn out from the constant strain? If so, we want you to be aware of Lutheran Family Services online counseling service. You can call them at 1-833-903-2376 or go to www.LFSneb.org. Be prepared to fill out a rather lengthy health form and provide information about your insurance (or lack of).

Don't have a computer with a webcam? Would rather not use your home computer? Need some help with getting on a computer? LFS has supplied Calvary Lutheran in Scottsbluff (the other congregation we serve) with a laptop dedicated to be used for these Tele-Health services. Some assistance can be provided for logging on and getting you started. (Due to privacy laws, Calvary cannot fill out the forms, but can answer some questions.) Stop by the office at Calvary and ask how to get set up for the LFS telehealth services.

Until further notice worship services will be both In-Person and on Online via Facebook Live

March 2021

Sun Mon Tue Wed Thu Fri Sat

	1	2	3	4	5	6
7 3Lent Worship @ 10:30 a.m.	8	9	10	11	12	13
14 4 lent Worship @ 10:30 a.m.	15	16	17	18	19	20
21 5 Lent Worship @ 10:30 a.m.	22	23	24	25	26	27
28 Palm/Passion Sunday Worship@ 10:30 a.m.						

On March 21st (the 3rd Sunday of the Month)

any cash received will go to the Priest's Discretionary Fund. Thanks for your generosity!